

DURING THE ACCIDENT

Road condition at the time of the accident: Wet Dry Snow Icy Other _____

How was the visibility at the time? Good Fair Poor Due to: Brightness Darkness Rain Fog Snow

Were you aware of the impending collision? Yes No Were you able to hold on to something to mitigate the impact? Yes No

Did you lose consciousness upon impact? Yes No If so, for how long? _____

Were you wearing a seatbelt? Yes No If yes, did you receive any injury or bruise from the seat belt? Yes No

Did your head hit the head rest during the collision? Yes No Was the head rest positioned? Even with head Low High

Did the air-bags deploy? Yes No If yes, did they strike you? Yes No If yes, where? _____

Which way was your head pointing at the point of impact? Straight Right Left Which position was your body? Straight Right Left

Where were your hands? Right/Left on the wheel Both on the wheel Not Applicable

Did any part of your body strike any part of the car? Yes No If so, explain _____

AFTER THE ACCIDENT

Did the police come to the accident scene? Yes No Is there a police report? Yes No

Where did you go after the collision? Hospital Urgent Care Home Work Private Doctor Other _____

If you went to hospital or doctor, when did you go? Immediately __ hours later __ days later Which hospital? _____

How did you get to the hospital? Ambulance Drove self Someone drove you How long did you stay in the hospital? _____

What treatment was given?(collar, splints, medications, etc.) _____

Where x-rays taken? Yes No What did they recommend for follow-up care? _____

Was any other doctor consulted after your accident? Yes No If yes, please, complete the information below:

Dr. _____ Specialty: _____ Date first seen: _____

Type of treatment: _____ Treatment frequency: _____ How long did you treat? _____ days/months

SYMPTOMS IMMEDIATELY FOLLOWING THE ACCIDENT

Please, mark if you experienced any of the following: Confusion Dizzy Nauseated Blurred vision Ringing in ears Loss of balance

Please, mark if you felt pain in any of these areas: Headaches Neck Upper Back Mid back Low back Shoulders Elbows Wrists

Ribs Chest Abdomen Pelvis Buttocks Hips Knees Ankles Other: _____

Were there any symptoms after the accident that have now resolved? _____

Have you done any of the following since the accident? Ice Heat Medications Rest Massage Other _____

PRESENT SYMPTOMS

PLEASE, CHECK ANY OF THE FOLLOWING SYMPTOMS YOU HAVE NOTICED SINCE THE ACCIDENT

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> dizziness | <input type="checkbox"/> difficulty sleeping | <input type="checkbox"/> neck stiffness | <input type="checkbox"/> neck pain |
| <input type="checkbox"/> nausea | <input type="checkbox"/> irritability | <input type="checkbox"/> jaw pain/clicking | <input type="checkbox"/> upper back pain |
| <input type="checkbox"/> headache/s | <input type="checkbox"/> fatigue | <input type="checkbox"/> numb/tingling arms | <input type="checkbox"/> mid back pain |
| <input type="checkbox"/> vision problems | <input type="checkbox"/> tension | <input type="checkbox"/> numb/tingling legs | <input type="checkbox"/> lower back pain |
| <input type="checkbox"/> buzzing in ears | <input type="checkbox"/> loss of balance | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> chest pain |
| <input type="checkbox"/> ringing in ears | <input type="checkbox"/> loss of memory | <input type="checkbox"/> stomach upset | <input type="checkbox"/> leg/knee/foot pain |
| <input type="checkbox"/> loss of smell | <input type="checkbox"/> any bruises | <input type="checkbox"/> head feels heavy | <input type="checkbox"/> arms/shoulder/wrist pain |
| <input type="checkbox"/> loss of taste | <input type="checkbox"/> any cuts | <input type="checkbox"/> radiating pain | <input type="checkbox"/> depression |
| <input type="checkbox"/> others _____ | | | |

PAST HEALTH HISTORY

PLEASE, CHECK IF YOU HAVE A HISTORY OF THE FOLLOWING SYMPTOMS/DISEASES IN THE PAST

- | | | | | |
|--|--|---|--|--|
| <input type="checkbox"/> difficulty sleeping | <input type="checkbox"/> slipped disc | <input type="checkbox"/> menstrual cramps | <input type="checkbox"/> osteoporosis | <input type="checkbox"/> liver disease |
| <input type="checkbox"/> arthritis | <input type="checkbox"/> pinched nerve | <input type="checkbox"/> irregular periods | <input type="checkbox"/> thyroid disease | <input type="checkbox"/> kidney disease |
| <input type="checkbox"/> seizures | <input type="checkbox"/> cancer | <input type="checkbox"/> infertility | <input type="checkbox"/> whooping cough | <input type="checkbox"/> anemia |
| <input type="checkbox"/> migraines | <input type="checkbox"/> dizziness | <input type="checkbox"/> depression | <input type="checkbox"/> heart disease | <input type="checkbox"/> diabetes |
| <input type="checkbox"/> neck pain | <input type="checkbox"/> heart problems | <input type="checkbox"/> allergies | <input type="checkbox"/> excessive thirst | <input type="checkbox"/> asthma |
| <input type="checkbox"/> mid back pain | <input type="checkbox"/> high blood pressure | <input type="checkbox"/> stuffy nose | <input type="checkbox"/> frequent nausea | <input type="checkbox"/> heartburn |
| <input type="checkbox"/> low back pain | <input type="checkbox"/> ankle swelling | <input type="checkbox"/> weight loss | <input type="checkbox"/> vomiting | <input type="checkbox"/> gas/bloating |
| <input type="checkbox"/> headaches | <input type="checkbox"/> cold extremities | <input type="checkbox"/> poor appetite | <input type="checkbox"/> prostate problems | <input type="checkbox"/> colitis |
| <input type="checkbox"/> feet pain/tingling | <input type="checkbox"/> blurred vision | <input type="checkbox"/> excessive appetite | <input type="checkbox"/> bladder trouble | <input type="checkbox"/> irritable bowel |
| <input type="checkbox"/> hand pain/tingling | <input type="checkbox"/> vision problems | <input type="checkbox"/> nervousness | <input type="checkbox"/> breast pain/lumps | <input type="checkbox"/> constipation |

CURRENT COMPLAINTS List current symptoms separately in order of severity.

1^o Body Part: _____

Date symptom first appeared: _____

How often do you experience these symptoms? Constant 100% Frequent 75%
 Intermittent 50% Occasional 25% Rare 10%

What makes symptom increase? _____

What makes symptom decrease? _____

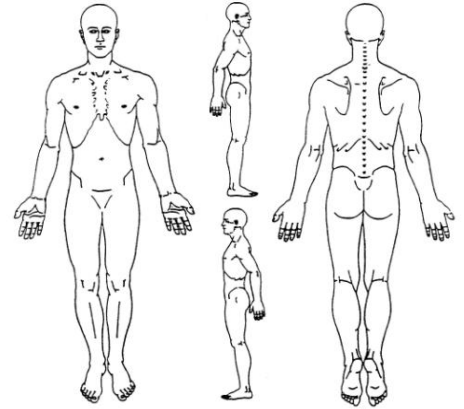
Type of pain? Sharp Dull Aching Burning Throbbing Numb
 Other _____

Where does pain radiate to? _____

Please rate the intensity of your symptoms (0 being no symptoms, 10 being extreme)

0 1 2 3 4 5 6 7 8 9 10

PLEASE, MARK AREAS OF PAIN ON IMAGE BELOW



2^o Body Part: _____

Date symptom first appeared: _____

How often do you experience these symptoms? Constant 100% Frequent 75%
 Intermittent 50% Occasional 25% Rare 10%

What makes symptom increase? _____

What makes symptom decrease? _____

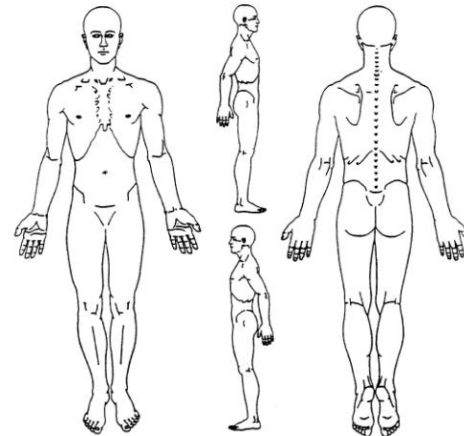
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PLEASE, MARK AREAS OF PAIN ON IMAGE BELOW



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 Intermittent 50% Occasional 25% Rare 10%

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What makes symptom decrease? _____

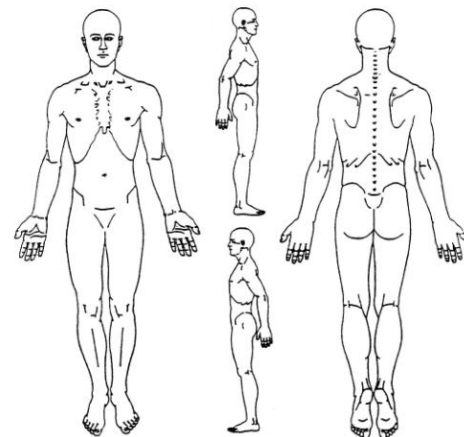
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0 1 2 3 4 5 6 7 8 9 10

PLEASE, MARK AREAS OF PAIN ON IMAGE BELOW



OCCUPATIONAL INFORMATION

Job involves: Sitting Standing How long? _____ hs. Lifting How much? _____ lbs. Bending Twisting Turning Stooping

Physical activity at work: Sedentary Light manual labor Manual labor Heavy manual labor

Have you missed any time from work due to the accident? Yes No If yes, how many days? _____ Dates: _____ to _____

Are your work activities restricted as a result of this accident? Yes No If yes, please explain _____

Do any of your work activities aggravate your present main complaints? Yes No If yes, please explain _____

PRESENT HISTORY

Do you smoke? Yes No If yes, how many packs per week? _____ Have you ever smoked in the past? Yes No When did you quit? _____

Do you consume alcohol? Yes No If yes, how many drinks per week? _____

Do you consume caffeine? Yes No If yes, how many drinks per day? _____

Do you exercise? Yes No If yes, how many times per week and what type? _____

Do you have a high stress level? Yes No If yes, list reasons: _____

CURRENT MEDICATIONS OR VITAMINS

Please list any medications or vitamins you are currently taking (including dosage).

_____ Frequency: _____ Dosage: _____ What is this for? _____

_____ Frequency: _____ Dosage: _____ What is this for? _____

_____ Frequency: _____ Dosage: _____ What is this for? _____

_____ Frequency: _____ Dosage: _____ What is this for? _____

PRIOR SERIOUS ILLNESS AND PREVIOUS ACCIDENTS/COLLISIONS

INJURIES SUSTAINED/ILLNESS

DATE OF INJURY

CITY, STATE

X-RAY CONSENT FEMALES ONLY

At this time, to the best of my knowledge, I am not pregnant, and I consent to radiographic pictures if necessary.

Patient Signature

Date

CONSENT TO TREAT A MINOR

I hereby authorize the doctor(s) at Vida Chiropractic Center, and whomever they designate as assistants, to administer care to my child.

Name of Child / Minor (please, print) _____

Name of Parent / Guardian (please, print) _____

Parent / Guardian Signature: _____ Date: _____

I understand the information contained within this form and guarantee this form was completed correctly and to the best of my knowledge.

Patient Signature

Date